

ANTHONY LABAN GROUP



**HAIR DRESSER
APPRENTICESHIP PROGRAMME**

— 72 WEEK TRAINING COURSE —

ANTHONY LABAN *home*

mint
HAIR

LABAN LONDON
BARBERS

ANTHONY LABAN
BARBERSHOP

ABOUT THE PROGRAMME

At the Anthony Laban Group, we believe the best way to learn is to get stuck in! That's why we've created a unique training programme to ensure you get the best quality training in the most efficient way possible. As well as working in salon helping with daily duty's, looking after our clients, and completing offsite college education, you will have a training session every week with one of our company specialists.

To kickstart your apprenticeship with us, you will complete a 14-week introduction to the hairdressing industry. This will cover a range of things, including blowdrying, cutting men's and women's hair, and basic colour work. You will also benefit from 1:1's with our head of apprenticeships Molly, where you can ask any questions or have any queries dealt with.



HAIR DRESSER APPRENTICESHIP PROGRAMME

Once you've completed your introduction, we want to see you thrive and we have designed our apprenticeship programme to have you qualified and confident within 14 months. We will cover every aspect of hairdressing, as well as the skills and knowledge required to work in a salon.

There are a few things that are unique to our training programme here at the Anthony Laban Group. Firstly, we want you to succeed! We don't just want you shampooing or making tea for the whole 18 months (although there will be some of that!), we want you on the salon floor with your own clients as soon as you've passed each module. This means you will be starting to build up your clientele after only a few months of training - amazing! Another thing we feel is super unique to us is the inclusion of barbering in our apprenticeship training. We're one of the only academy's in the world that offer such varied barbering training. Fades, clipper cuts, scissor cutting - we cover all of this and more in your training!

WEEK 1

So you've passed your interview and trial shift, and you're now on your way to being a member of the team!

On your first week with us, you will have a 1:1 meeting with our head of apprenticeships Molly, where she will discuss this programme with you and answer any questions you have. We will get you confident with the tasks that need to be completed in salon every day, to ensure a smooth-running business. This may include things like general housekeeping duties, equipment maintenance, and exceptional client care. We will also teach you our method of shampooing and prepping clients for our stylists.





WEEK 2

This is where the action begins...

We will provide you with mannequin's that have human hair (we call them dollies!) and get you started on your first training session.

We believe the best place to start is with a smooth blowdry!

WEEK 3

You will continue with practising your smooth blowdry's on a dolly, until you're feeling confident and excited for the real deal.

WEEK 4 — MODEL DAY

You will need to provide an appropriate model for your first ever client! You will be completing a smooth blowdry on your client, which includes choosing the right products, using the right equipment and producing a great result.

WEEKS 5 & 6

Now you're getting used to working with hair, we're going to do some colour training! A root/regrowth tint is something that's super popular in salon, so we are going to teach you the theory and practice applying on a dolly head for 2 weeks.





WEEK 7 — MODEL DAY

You will need to provide an appropriate model for your first ever colour client! They will need to have a skin test 48hrs before and be happy for you to have a little creative freedom!

WEEKS 8 & 9

We are going to start cutting! 75% of our clients are hair cuts, so this is a super important part of our business. During these weeks we will focus on a simple one length hair cut on long hair, which will help you to learn the theory and rules of cutting hair whilst achieving a satisfying finish!

All work will be on dollies.

WEEK 10 — MODEL DAY

You will have an appropriate client to master your newly learnt skills.

WEEKS 11 & 12

We believe in a fully rounded hairdresser here at the Anthony Laban Group, so on these weeks we will be concentrating on building your confidence and skills around clipper work! You will have sessions with our *Master Barber* Grace, who will guide you through a typical fade using clippers.





WEEK 13 — MODEL DAY

Now it's time to put all those skills to the test, with an appropriate client you will complete the look you have mastered on your training days.

WEEK 14

SUCCESS you have completed your introduction to hairdressing with the Anthony Laban Group!

How did you find it?

On this week you will have a catch up with our *Head of Apprenticeships* Molly, where you can discuss in depth how you found the introduction and Molly will talk you through the next steps.

WEEK 15

So you've mastered the smooth blowdry, now it's time to take on the infamous and ever popular curly blowdry - think Kate Middleton!

WEEK 16 — MODEL DAY

Now you've got the hang on the curly blowdry on your dolly, it's time to find yourself a Kate Middleton model!





WEEK 17

This week we will be learning a classic technique, that showcases discipline, patience and skill... the Roller Set. This is a great technique to learn as it teaches you more than just a hairstyle. It is often used in salon to ensure longevity of a style.

WEEK 18 — MODEL DAY

Your model this week will need to have medium length hair, to get the best results!

WEEK 19

During your introduction we mastered the root tint/regrowth tint service, now it's time to tackle the whole hair during a global application of colour! It's important to note there is extra theory on this section as the colour you use on the ends of the hair is often different to the roots and you need to understand why.

WEEKS 20 & 21 — MODEL DAYS

You will need to find 2 different models to use for these sessions, to ensure you get the best practise!





WEEKS 22 & 23

Let's revisit your cutting skills here... with a twist! This week you will be completing the ever chic one length bob. A sharp, classic, statement haircut that will always withstand the test of time.

WEEKS 24 & 25 — MODEL DAYS

2 different models for a classic bob!

WEEKS 26 & 27

A different haircut this time, but an incredibly popular one - a long layered look. This is a great hair cut to learn, as it can be used in so many ways on so many different hair types.

WEEKS 28 & 29 — MODEL DAYS

Let's put that new found knowledge into practise and challenge yourself with two different models both with different hair textures!





WEEK 30 — CATCH UP TIME

Any questions? Have you had any issues?
Is there something you've really enjoyed?
Let Molly know!

WEEKS 31 & 32

Back to the Gents, but this time we're
perfecting your scissor cutting skills.
Think soft fades, textured locks or classic
pompadours.

WEEKS 33 & 34 — MODEL DAYS

Find 2 male models that want something completely different, to really challenge yourself!

WEEKS 35 & 36

‘A bit of shape around the face’ is a phrase you will hear a lot from clients. So now is the time to perfect it! Everyone has a different way of achieving this, but you will learn the most simple and effective technique for forward graduation.





WEEKS 37 & 38 — MODEL DAYS

Your models for these weeks will need to have medium to long length hair.

WEEKS 39 & 40

These weeks we will be learning how to highlight! You will start by learning the theory behind different sectioning patterns and colour choices, and then you will be starting with a t-section of highlights. This is great as a subtle top-up in between bigger services and is a great place to start as it's the quickest highlighting service.

WEEKS 41 & 42 — MODEL DAYS

Your models for these weeks can have completely uncoloured hair, or be regulars to highlighting! Just nothing too corrective. Don't forget they will need to be patch tested 48 hours before!

WEEKS 43 & 44

The pixie cut is a classic in any hairdresser's repertoire. It utilizes similar skills that you learnt on your 'scissor cutting gents' section of training, and combines this with the techniques you've mastered with the longer layered cuts!





WEEKS 45 & 45 — MODEL DAYS

These can be models that have previously had a short cut that needs tidying up, or they might want a dramatic change!

WEEK 47 — CATCH UP

Time for a catch up with Molly.

WEEK 48 & 49

Long layers are one of the most requested haircuts for clients with long hair (no surprise!) to achieve movement within the hair. This haircut is effortless, classic and extremely versatile.

WEEKS 50 & 51 — MODEL DAYS

Hair for these models needs to be long! Think armpit level or below.

WEEKS 52 & 53

There are many different balayage techniques, so on these weeks we will be focusing on the classic ones we use most often.

WEEKS 54 & 55 — MODEL DAYS

Natural hair is preferred - your models need to allow us creative freedom here!





WEEKS 56

You've learnt how to highlight, so now you will be learning how to achieve half head of highlights, which will give you more coverage than the t-section you've previously done.

WEEKS 57 & 58 — MODEL DAYS

Like before, these can be clients used to having highlights or with natural hair.

WEEK 59

Sticking to salon timing is important whilst running your own column in salon. You will need to complete a full head of highlights within a certain time frame, so this week we will work on teaching you how to achieve this.

WEEKS 60 — MODEL DAY

Ideal model will have already had a full head of highlights and about 2-4 months regrowth!

WEEK 61 — CATCH UP

Your next step will be a lot of self-learning, so here you will discuss anything you are worried about and Molly will answer any questions you have about the upcoming schedule!

Now it's time to test your knowledge! You will be getting models in for supervised services, where you will complete the full service from the consultation to the finish. We will be on hand for any advice if you need it, but this will be your time to shine!





WEEKS 62

Gents clipper cut and fade

WEEK 63

Gents scissor cut

WEEK 64

Women's long hair cut

WEEK 65

Women's short hair cut

WEEKS 66

Global tint

WEEK 67

T section highlights

WEEK 68

Half head highlights

WEEK 69

Full head highlights





WEEKS 70

Half head balayage

WEEK 71

Full head balayage

WEEK 72

Once you've completed all the above weeks, it's time for you to graduate! You will have a chat with Molly and the team about the next steps in your employment and of course there will be a celebration!

